Why?

A frequent side effect of chemotherapy, brain surgery, and burn wounds is hair loss and there are many folk out there with cool heads as a result. To provide needed hats for warmth, comfort, and dignity, I am building a workforce of craftspeople to create caps by knitting, crocheting, and/or sewing.

These caps will be distributed to hospitals, oncology offices, hospices, etc. so that they can more readily be available, without cost, to those who have lost their hair. To make it work, I need volunteers to help with the production. Won't you consider joining me?

How?

I have found many hat patterns on the Internet, even some specifically labeled 'chemo caps.' Several volunteers have also submitted patterns of their own design. I have patterns for knitted caps, for crocheted caps, and for caps that can be sewn out of fleece. I have received permission from the designers of all of the patterns to distribute them to other craftspeople wanting to join me in this project.

See the website for approved patterns.
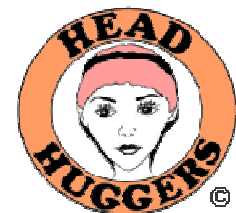
Guidelines

- **Criteria for the hats:**

1. Must be hand made

2. Must be new

3. Preferably washable

4. Smoke-free & pet-hair-free

- **Ideas:**

1. Softer yarns are more comfortable

2. Provide thinner, seamless, non-lumpy caps for sleeping and increased comfort

3. Label hats that contain wool

4. Hats made with thinner yarn are better for warm weather use. Cotton is best as it is cooler than most other types of yarn.

See the website for complete Guidelines and for approved patterns.

Head Huggers

Contact

If you are interested and would like more information (including patterns and 'Head Huggers Guidelines'), please contact me:

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    Visit my web site for information and patterns:
http://www.headhuggers.org/

Do you knit? Crochet? Sew?

    Would you like to use this skill to help someone who has lost their hair due to chemotherapy, brain surgery, or burn wounds? I am embarking on a project to do just that, and would like to invite you to join me.